

LIST OF TABLES

Table	Title	Page No.
Table 2.1	Total number of families and total aged population	27
Table 2.2	Age-sex distribution of the aged persons	27
Table 2.3	Marital status of the aged persons	28
Table 2.4	Educational status of the aged persons	29
Table 2.5	Occupation of the aged persons	30
Table 2.6	Monthly income of the aged persons	31
Table 2.7	Aged person and size of the family	32
Table 2.8	Type of family and aged persons	33
Table 2.9	Pattern of house	34
Table 2.10	Source of drinking water	35
Table 2.11	Type of sanitation	35
Table 3.1	Different types of disease of the aged Kaibartas	38
Table 3.1(A)	Type of major disease of the aged	39
Table 3.1(B)	Type of minor disease of the aged	40
Table 3.2	Age wise major disease of the males	41
Table 3.3	Age wise major disease of the females	41
Table 3.4	Age wise minor disease of the males	43
Table 3.5	Age wise minor disease of the females	44
Table 3.6	Education and major disease of the males	46
Table 3.7	Education and major disease of the females	47
Table 3.8	Education and minor disease of the males	49
Table 3.9	Education and minor disease of the females	50
Table 3.10	Occupation and major disease of the males	52
Table 3.11	Occupation and major disease of the females	53
Table 3.12	Occupation and minor disease of the males	55
Table 3.13	Occupation and minor disease of the females	56
Table 3.14	Major disease and type of nuclear family of the males	57
Table 3.14(A)	Major disease and type of joint family of the males	58
Table 3.15	Major disease and type of nuclear family of the females	60
Table 3.15(A)	Major disease and type of joint family of the females	61
Table 3.16	Minor disease and type of nuclear family of the males	62
Table 3.16(A)	Minor disease and type of joint family of the males	63
Table 3.17	Minor disease and type of nuclear family of the females	64

Table 3.17(A)	Minor disease and type of joint family of the females	66
Table 3.18	Age wise socio-economic problems of the males	68
Table 3.19	Age wise socio-economic problems of the females	69
Table 3.20	Socio-economic problems and diseases of the males	71
Table 3.21	Socio-economic problems and diseases of the females	72
Table 3.22	Economic dependency of the males	73
Table 3.23	Economic dependency of the females	73
Table 3.24	Economic dependency and some frequently occurring diseases of the males	75
Table 3.25	Economic dependency and some frequently occurring diseases of the females	75
Table 3.26	Age wise psychological problems of the males	77
Table 3.27	Age wise psychological problems of the females	78
Table 3.28	Importance of the aged in household decision	79
Table 3.29	Views of the aged according to facilities	80
Table 3.30	Type of leisure and recreation of the aged	81
Table 4.1	Anthropometric & physiometric measurements and indices of the aged males and females	82
Table 4.2	Age wise Anthropometric & physiometric measurements and indices of the aged males	83
Table 4.3	Age wise Anthropometric & physiometric measurements and indices of the aged females	84
Table 4.4	Distribution of height (cms) of the aged males	85
Table 4.5	Distribution of height (cms) of the aged females	85
Table 4.6	Distribution of weight (kg) of the aged males	87
Table 4.7	Distribution of weight (kg) of the aged females	88
Table 4.8	Distribution of chest circumference (cms) of the aged males	88
Table 4.9	Distribution of chest circumference (cms) of the aged females	89
Table 4.10	Distribution of waist circumference (cms) of the aged males	90
Table 4.11	Distribution of waist circumference (cms) of the aged females	90
Table 4.12	Distribution of hip circumference (cms) of the aged males	91
Table 4.13	Distribution of hip circumference (cms) of the aged females	92
Table 4.14	Distribution of calf circumference (cms) of the aged males	92
Table 4.15	Distribution of calf circumference (cms) of the aged females	93
Table 4.16	Distribution of systolic blood pressure (Hg/mm) of the aged males	94

Table 4.17	Distribution of systolic blood pressure (Hg/mm) of the aged females	94
Table 4.18	Distribution of diastolic blood pressure (Hg/mm) of the aged males	95
Table 4.19	Distribution of diastolic blood pressure (Hg/mm) of the aged females	96
Table 5.1	Perception of aged about health	101
Table 5.2	Perception of aged about best way to be healthy	102
Table 5.3	Perception of illness and causes of illness of the aged	103
Table 5.4	Preventive measures for maintaining health of the aged	105
Table 5.5	Type of medical attention	106
Table 6.1	Food habit of the aged	117
Table 6.1(A)	Restriction in diet of the aged	118
Table 6.1(B)	Preference of non-vegetarian food of the aged	119
Table 6.1(C)	Habit of chewing & smoking and drinking alcohol of the aged	120
Table 6.2	Disease and food habit of the aged males	121
Table 6.3	Disease and food habit of the aged females	122
Table 6.4	Disease and restriction of food of the aged males	123
Table 6.5	Disease and restriction of food of the aged females	124
Table 6.6	Age and BMI of the aged males	126
Table 6.7	Age and BMI of the aged females	127
Table 6.8	Nutritional status of the aged males	127
Table 6.9	Age wise nutritional status of the males	128
Table 6.10	Nutritional status of the aged females	129
Table 6.11	Age wise nutritional status of the aged females	130
Table 6.12	Occupation and nutritional status of the aged males	131
Table 6.13	Occupation and nutritional status of the aged females	132
Table 6.14	Nutritional status and some frequently occurring disease of the aged males	133
Table 6.15	Nutritional status and some frequently occurring disease of the aged females	134
Table 6.16	Mean of waist/hip ratio of the aged males	136
Table 6.17	Mean of waist/hip ratio of the aged females	137
Table 6.18	Classification of waist/hip ratio of the aged males	137
Table 6.19	Classification of waist/hip ratio of the aged females	138